

THE ROLE OF DENTISTS IN SWACHH BHARAT ABHIYAN

India is a land of contrasts. India is undoubtedly the most diversified country not only in Asia but also in the world. It is a developing country. Contrasting populations of the rich and poor are seen in cities. Developing cities and towns contrast the rural villages which are yet to progress. In this ever developing world there are a lot of resources being used for the man made developments that man wishes to achieve. In cities, there a number of projects being developed for industries, factories and many more things. Well, evident as it is, there would be a lot of waste generation taking place due to the various works going on around the place. Various types of hazardous wastes and sewage is released from the factories.

A big time problem lies in the management of these waste products. According to the various rules, there should be various waste managing pants. However in India things aren't that well developed. Thus, most of the factories release their waste into surroundings like rivers, lakes and open lands. This generates a lot of health hazards for people exposed and living in nearby colonies. Cleanliness is a must in such cases. The Swachh Bharat Abhiyan is one such initiative undertaken by the government of India. This programme emphasizes solely on providing a better place for citizens to stay. This is possible by the various activities they are routinely involved in.

For the success of any initiative, the active involvement by citizens is a must. This initiative taken by the government needs volunteers from all fields of life. Doctors, engineers, teachers, lawyers are all needed to share their prospective for the success of the project. Dentists also can serve as tools for the success of the project. Dentists are oral surgeons who are doctors with specialization in the head and neck regions of the body. Dentists either work in association with a

college or have their own private clinic. For such dentists practicing privately, there is a fabulous opportunity to share their interest of keeping the city clean. There are various procedures which generate a lot of waste. The proper disposal is a necessity and a necessary factor for the success of the project. In colleges, there should be strict rules regarding the disposal of waste. Teachers play an important role in communication of the various types of cleanliness activities going around in the area. Students should take their time out and serve during the various campaigns that are being undertaken in the city. As dentists there are small things that can be done in the clinic itself. While patients are waiting in the waiting hall, they should be handed brochures and pamphlets describing the various activities going around. This helps in spreading awareness even though at a small scale. While dentists are recalling their patients, they should give consideration if the patient is going for a campaign. There should be always a sense of motivation given to the patients visiting the clinic. Also, they can provide information on the mission to the lower class patients who might not be even aware of the initiatives taken. Patients should be motivated regarding keeping their surroundings and home places clean.

For those dentists working as faculty in colleges it becomes a prime concern for the teachers to educate their children regarding the importance of the cleanliness of the country. Since this is the primitive stage of their entry into the professional a good guidance now would be always along with student throughout his life. Mock drills can be conducted regarding the effect of throwing waste and there why there shouldn't be any waste accumulation taking place. Building special rooms for the demonstration of works by the project are highly recommended. Dentists who are posted in rural areas play an even more important role in the prevention of waste accumulation especially in areas around their clinics and in other public areas. Special visits should be made weekly for those people who cannot afford to come for the mock drill.

Demonstration of the correct manner of use of various agents should be demonstrated.

Workshops on safety and hygiene would be an excellent.

The dental office should contain posters of all currently going activities. There should a highlighted logo clearly explaining the importance of various health benefits of a clean environment. There should be enough knowledge given about ideal measures each patient should take while leaving a dental clinic.

Thus we are proud citizens of India who would be always ready to accept any kind of work aimed towards a better India. Each citizen has the right and the responsibility of keeping the environment clean. Until and unless cleanliness does not prevail in a region, no amount of development is satisfactory for the progress of the country.

AANCHAL MITTAL SANJAY

FOURTH YEAR STUDENT